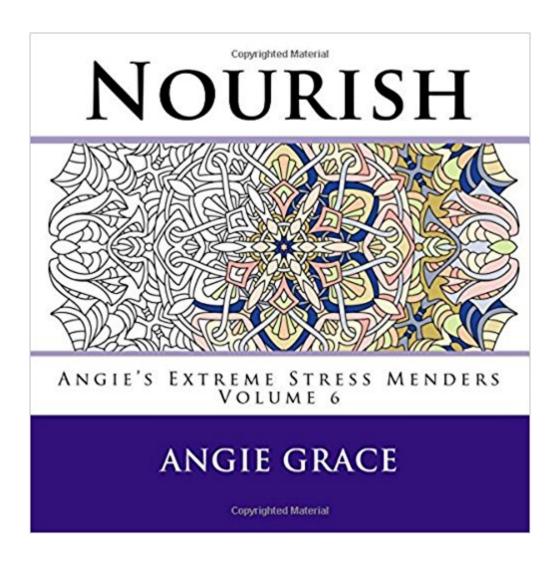


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# Nourish (Angie's Extreme Stress Menders Volume 6)





# **Synopsis**

Relax and let the peaceful world of coloring nourish your heart and mind. Colorists around the world treasure the peaceful sense of wellbeing they've discovered while coloring Angie's Extreme Stress Menders. Nourish brings you 50 brand new whimsically intricate and exquisite circular Angie Grace designs to explore and enjoy. Stroke by stroke, shade by shade, tension and worries fade away as you transform Angie's beautiful black and white lines into your own unique, personal and beautiful keepsake art piece.

#### **Book Information**

Paperback: 104 pages

Publisher: CreateSpace Independent Publishing Platform (July 22, 2017)

Language: English

ISBN-10: 1548284696

ISBN-13: 978-1548284695

Product Dimensions: 8.5 x 0.2 x 8.5 inches

Shipping Weight: 9.4 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 5 customer reviews

Best Sellers Rank: #28,540 in Books (See Top 100 in Books) #21 inĀ Â Books > Crafts, Hobbies & Home > Crafts & Hobbies > Papercrafts, Stamping & Stenciling > Papercrafts #295 inĀ Â Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups #2277 inĀ Â Books > Humor & Entertainment

## **Customer Reviews**

Another wonderful book in Angie Grace's stress menders series. There is not a page in this book I don't like. The designs are complex, but fun. Each design is a little different but sticks with her style. 50 one-sided coloring pages, good for pencils, markers or gel pens. I prefer markers, put blank paper between pages to prevent bleed through or tear pages out to color. Pages are easy to remove from the book. This book will provide a bit of a challenge, yet still be relaxing and you can be creative and come out with beautiful results.

This is my fifteenth Angie Grace book and I'm enjoying this one as much as all the others. The pictures seem a bit overwhelming at first but as I start coloring the patterns start to develope and I'm always amazed by the way they turn out. Like snowflakes they are each different but equally beautiful.

I love the new designs. Each book offers something a little different, but sticks with the same art work we all have grown to love.

I've purchased all of the coloring books in the Stress Mender series, some more than once. Each new release has impressed me as better than the last. This new issue, Nourish, has lovely designs and none seems like any design seen before. Highly recommend this new book.

Better than her 5th book! I do wish there were fewer striped sections.

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Nourish (Angie's Extreme Stress Menders Volume 6) Balance (Angie's Extreme Stress Menders Volume 1) Illuminate (Angie's Extreme Stress Menders Volume 5) Gray Foxes, Rattlesnakes, and Other Mysterious Animals of the Extreme Deserts (Extreme Animals in Extreme Environments) Polar Bears, Penguins, and Other Mysterious Animals of the Extreme Cold (Extreme Animals in Extreme Environments) Angie Scarr Miniature Challenges: 2000-2005 In Polymer Clay Part 2 (Volume 2) Angie's Miniature Challenges: 2000-2005 In Polymer Clay Part 1 (Volume 1) Adult Coloring Book: Fractals: curves and geometric figures expertly programmed to help reduce stress, sharpen your concentration, and nourish your creativity Magical Swear Word. Adult Coloring Books: Relaxation and Stress reduction: 30 Stress Relieving Magical Sweary Designs: flowers, mandalas, patterns. ... Anxiety and Stress (Swear Word Coloring Book) Adult Coloring Books: Mandala for a stress relieving experience (mandalas, stress relief, reduce stress, coloring books, relax) Angie Lewin Wall Calendar 2018 (Art Calendar) The Drowned Girls: An Angie Pallorino Novel, Book 1 Angie Scarr: Miniature Challenges Parts 1 & 2: Magazine Articles 2000-2005 In Polymer Clay The Drowned Girls (Angie Pallorino Book 1) Fat Angie The Boy Who Played with Fusion: Extreme Science, Extreme Parenting, and How to Make a Star Extreme Mountain Biking (Extreme Sports No. Limits!) Extreme BMX (Extreme Sports No Limits!) Extreme A To Z Find It In The Bible Extreme For Jesus Series Project Extreme Brewing: An Enthusiast's Guide to Extreme Brewing at Home

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